





### Lunch / Dinner

### MENUS

Daily with vegetarian option. We are happy to provide vegan menus on request.

We are also happy to cater for lactose intolerance and gluten allergy.

**JENN 1** 

# MENU 3

### **MENU 5**

Spaghetti
Bolognese sauce
Tomato sauce
Pan-fried vegetables "Italian style"
Kaiserschmarrn
Apple Puree

Chicken "Cordon Bleu" Wedges seasoned Kaiser vegetables Steakhouse pan vegan Chocolate Pudding Vanilla Sauce

Stuffed peppers
Saffron vegetable rice
Summer vegetables
Gravy
Primo pasta pan
Rice Pudding
Stewed Plums

**JENU 2** 

Beef patty
Potatoes
Princess beans
Tender wheat vegetable pan vegan
Semolina Pudding
Cherries without Seeds

### MENU 4

Beef goulash
Egg noodles
Red cabbage
Bami Goreng pan vegan
Sheet Apple Cake with Crumble Topping

### MENU 6

Mini chicken escalope breaded Mashed potatoes Cauliflower Tender wheat vegetable pan vegan Cherries without Seeds Vanilla Sauce





### **JENU 1**

Chik'n Wings Crispy Ducat chips Carrot slices Vegetable bulgur vegan Vanilla Pudding

### Vanilla Pudding Vegetable patties

Roasted cream cheese pockets Chopped spinach Hollandaise sauce Vegetable pan with chicken Kaiserschmarrn Apple Puree

### **MENU 11**

MENU 9

Chicken nuggets
Falafel balls
Pan-fried vegetables Asian style with pak choi
Ducat chips
Tender wheat vegan vegetable vegan
Vanilla Pudding

### MENU 8

Plant Based Chilli sin Carne vegan Saffron vegetable rice Broccoli florets Steakhouse pan vegan Semolina Pudding Cherries without Seeds

# MENU 10

Broccoli gratin
Cream & Cheese Gratin
Broccoli florets
Hollandaise sauce
Vegetable pan with chicken
Chocolate Pudding
Vanilla Sauce

# MENU 12

Plant Based Chilli sin Carne vegan Meatballs cevapcici style (pork) Long grain rice Wok vegetables Bami goreng pan Sheet Chocolate Cake

Menus can vary depending on availability

### **OUR STANDARDS**

We prepare one of these delicious menus every day - always with a vegetarian option. Our guests also receive a varied salad buffet, a dessert of the day and various drinks. various drinks. a&o reserves the right to choose the menu.

If the entire group would like a vegetarian menu, please send us an e-mail to groups@aohostels.com.

